



Public Health Departement - Bonaire

## Letter for person who had close contact with someone who has COVID-19.

Dear Sir / Madam,

You have been in contact with someone who has tested positive. This puts you at risk of possible contamination. It is therefore important that you come and test on the 5th day after the last contact.

You can get symptoms such as:

- cold complaints (cold, runny nose, sneezing, sore throat)
- cough
- sudden loss of smell and/or taste
- difficulty breathing
- elevation or fever

### 1. Do you have complaints or do you receive complaints?

Then stay at home and call **0800-0800** for an appointment. Do not meet other people. This applies if you have been vaccinated and if you have not been vaccinated.

### 2. Determine if you need to quarantine:

**If you are not vaccinated or not fully vaccinated:** Are you not (fully) vaccinated? Then you will be quarantined up to 10 days after the last contact. On the 5th day you can be tested for corona. If you are negative, you can leave quarantine after 5 days.

#### You are considered not (fully) vaccinated if you:

- Have not had a Corona vaccine
- Have not had a Coronavirus infection and had had one Corona vaccine
- Had two Corona vaccine, but had the second less than two weeks ago
- Had a Coronavirus infection longer than 6 months ago

#### You are considered fully vaccinated if you:

- Had two Corona vaccines, and the second shot was given more than two weeks ago
- Had the Coronavirus and has had one Corona vaccine
- Had the Coronavirus in the past six month

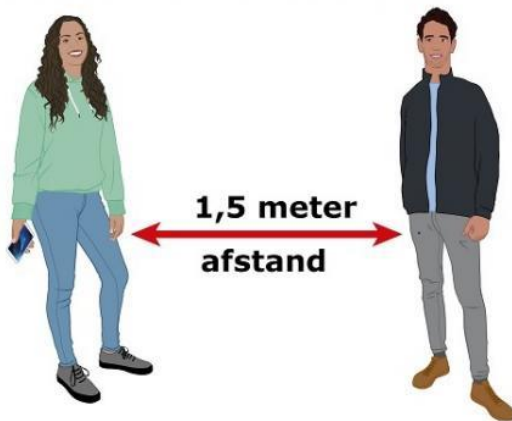
### 3. Make an appointment for a test 5 days after the last contact

It is important that you get tested, even if you have no complaints. You will be tested on the 5th day after you last had contact with the person who tested positive. You can already make an appointment. Call 0800-0800. Don't want to be tested? Please contact the Public Health department, so that we can give you good advice.

## Generally applicable measures

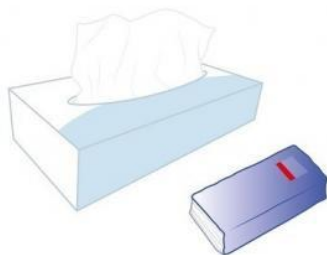
### Keep distance

- Stay away from crowded places.
- Stay 1.5 meters away from other people.
- Work from home as much as possible.



### Cough and sneeze in your elbow and wash your hands

- Wash your hands regularly with soap and water. Always do this:
  - After coughing and sneezing
  - After you have been to the toilet
  - After cleaning and tidying up
  - Before cooking and eating.



- Use a tissue paper when coughing.
- Do not have a tissue paper at hand? Then cough in your elbow.
- Only use a tissue paper once and throw it in the waste bin.
- Then wash your hands.