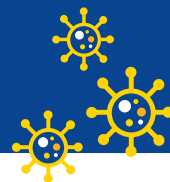


# Clarification Sports

COVID-19 measures by risk level



## Sports activities

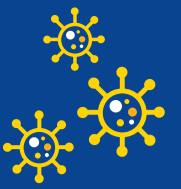
Sports activities are understood to mean engaging in a sport. In the list below you can see which sports may be practiced at each risk level, provided the general risk-level measures are adhered to. Children under the age of 18 may continue to play sports together regardless of the level. From level five onwards they are no longer allowed to exercise indoors.

	Risk level 1 Alert	Risk level 2 Worrisome	Risk level 3 Menacing	Risk level 4 Serious	Risk level 5 Very Serious	Risk level 6 Lockdown
Athletics	✔ yes	✔ yes	✔ yes	✔ yes	✔ Yes, individually	✔ Yes, individually
Baseball	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Basketball	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Beach tennis	✔ yes	✔ yes	✔ yes	✔ yes	✔ yes	✘ no
Beach volleyball	✔ yes	✔ yes	✔ yes	✔ yes	✔ yes	✘ no
Billiards	✔ yes	✔ yes	✔ yes	✔ yes	👤 max 2 pers.	✘ no
Bodybuilding	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Bolas	✔ yes	✔ yes	✔ yes	✔ yes	✔ yes	✘ no
Boxing	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	✘ no	✘ no
Checkers	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Chess	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Cycling	✔ yes	✔ yes	✔ yes	✔ yes	✔ yes	✔ Yes, individually
Dominoes	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Fitness	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Free diving	✔ yes	✔ yes	✔ yes	✔ yes	✔ yes	✔ Yes, individually
Indoor soccer	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Judo	✔ yes	✔ yes	✔ yes	👤 max 2 pers.	✘ no	✘ no
Karate	✔ yes	✔ yes	✔ yes	👤 max 2 pers.	✘ no	✘ no
Kayaking	✔ yes	✔ yes	✔ yes	👤 max 2 pers.	✔ Yes, individually	✔ Yes, individually
Kickboxing	✔ yes	✔ yes	✔ yes	👤 max 2 pers.	✘ no	✘ no
Kite surfing	✔ yes	✔ yes	✔ yes	✔ yes	✔ yes	✔ Yes, individually
MMA	✔ yes	✔ yes	✔ yes	👤 max 2 pers.	✘ no	✘ no
Optimist	✔ yes	✔ yes	✔ yes	👤 max 2 pers.	✔ Yes, individually	✔ Yes, individually
Scuba diving	✔ yes	✔ yes	✔ yes	✔ yes	✔ yes	✔ Yes, individually
Shooting	✔ yes	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	✘ no
Soccer	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Softball	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Sunfish	✔ yes	✔ yes	✔ yes	👤 max 2 pers.	✔ Yes, individually	✔ Yes, individually
Swimming	✔ yes	✔ yes	✔ yes	✔ yes	✔ yes	✔ Yes, individually
Table tennis	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Tennis	✔ yes	✔ yes	✔ yes	✔ yes	👤 max 2 pers.	✘ no
Volleyball	✔ yes	✔ yes	✔ yes	🏠 yes, if outdoors	🏠 yes, if outdoors	✘ no
Water polo	✔ yes	✔ yes	✔ yes	✔ yes	✔ yes	✘ no
Windsurfing	✔ yes	✔ yes	✔ yes	✔ yes	✔ yes	✔ Yes, individually















# Clarification Sports

COVID-19 measures by risk level



## Sports events

Sports events are events such as: competitions, matches, tournaments and spectator sports open to the public.

Risk level 1 <b>Alert</b>	Risk level 2 <b>Worrisome</b>
 <b>Adults</b> <ul style="list-style-type: none"><li>- Basic rules</li></ul>	 <b>Children up to 18 years</b> <ul style="list-style-type: none"><li>- Basic rules</li></ul>
 <b>Adults</b> <ul style="list-style-type: none"><li>- Basic rules</li><li>- Mandatory registration</li><li>- Health check</li><li>- Public (&gt;18 years): 1.5 meters distance</li><li>- No bar with alcoholic drinks</li></ul>	 <b>Children up to 18 years</b> <ul style="list-style-type: none"><li>- Basic rules</li><li>- Mandatory registration</li><li>- Health check</li><li>- Public (&gt;18 years): 1.5 meters distance</li><li>- No bar with alcoholic drinks</li></ul>
Risk level 3 <b>Menacing</b>	Risk level 4 <b>Serious</b>
 <b>Adults</b> <ul style="list-style-type: none"><li>- Indoor sports events are not allowed</li><li>- Outdoor sports events must comply with the following rules:<ul style="list-style-type: none"><li>• Basic rules</li><li>• Mandatory registration</li><li>• Health check</li><li>• Public (&gt;18 years): 50% capacity, maximum 50 persons and 1.5 meters distance</li><li>• No bar with alcoholic drinks</li></ul></li></ul>	 <b>Children up to 18 years</b> <ul style="list-style-type: none"><li>- Basic rules</li><li>- Mandatory registration</li><li>- Health check</li><li>- Public (&gt;18 years): 50% capacity, maximum 50 persons and 1.5 meters distance</li><li>- No bar with alcoholic drinks</li></ul>
 <b>Adults</b> <ul style="list-style-type: none"><li>- Indoor sports events are not allowed</li><li>- Outdoor sports events must comply with the following rules:<ul style="list-style-type: none"><li>• Basic rules</li><li>• Mandatory registration</li><li>• Health check</li><li>• Public (&gt;18 years): 25% capacity, maximum 25 persons and 1.5 meters distance</li><li>• No bar with alcoholic drinks</li></ul></li></ul>	 <b>Children up to 18 years</b> <ul style="list-style-type: none"><li>- Indoor sports events are not allowed</li><li>- Outdoor sports events must comply with the following rules:<ul style="list-style-type: none"><li>• Basic rules</li><li>• Mandatory registration</li><li>• Health check</li><li>• Public (&gt;18 years): 50% capacity, maximum 50 persons and 1.5 meters distance</li><li>• No bar with alcoholic drinks</li></ul></li></ul>
Risk level 5 <b>Very Serious</b>	Risk level 6 <b>Lockdown</b>
 <b>Adults</b> <p>Sports events are not allowed</p>	 <b>Children up to 18 years</b> <p>Sports events are not allowed</p>
 <b>Adults</b> <p>Sports events are not allowed</p>	 <b>Children up to 18 years</b> <p>Sports events are not allowed</p>

